



13th Annual Redhawk Run-A-Thon

Friday, September 23, 2022

Help us reach our \$37,000 goal!!!!

Frequently Asked Questions

Q: What can my child(ren) wear to school the day of the Run-A-thon?

A: Please have your child wear their 2022 Run-A-Thon T-shirt if it was sent home (some teachers will wait and give the student his/her shirt on Friday so as not to forget it at home), any comfortable sport/running shorts & shoes AND his/her Spirit Pack items if you purchased them. We have sold out of Spirit Pack items this year. If you purchased the Spirit Pack they will be given to your child's teacher on Thursday. Please make sure your child is wearing comfortable attire! OUSD Dress code must still be followed & no cutting or altering your shirt! Best part: this shirt counts as another uniform shirt!!

Q: What will my child do at the Run-A-thon?

A: HAVE FUN AND RUN/WALK WITH THEIR FRIENDS TO MUSIC!! Please remind your children to follow school behavior rules.

Q: What if it is too hot?

A: We are encouraging the kids to walk & have fun! Please tell your kids to only run IF THEY FEEL COMFORTABLE to run. Their donations are NOT PER LAP, they are FLAT DONATIONS so they should focus on having fun, not running a million laps! Please remember to put sunscreen on your kids.

Q: Can I join my child(ren)?

A: You may come during your child's run slot (see below) and cheer from the sidelines. Note that each grade will participate in warm-up, run (lasting 8-10 minutes), and cool-down. Please check-in the day of the Run-a-thon at a sign-in table just inside the gate near the outside amphitheater. The sign-in process is necessary to meet district standards and school safety.

<u>Grade</u>	<u>Time</u>	
6	8:05-8:40 am	*Mrs. Pena's combo will split & run with their own grade
5 (& Mrs. Talley)	8:25-9:00 am	
4 (& Mrs. Houghtling)	8:45-9:20 am	
3	9:05-9:40 am	
2	9:25-10:00 am	
TK	9:45-10:20 am	
K	10:10-10:45 am	
1 (& Mrs. Moeller)	10:30-11:10 am	*Mrs. Smith's Combo will run with 1st grade

Q: Can I help out that day?

A: We appreciate any and all help however the district (OUSD) requires Running Springs to have all volunteers working with students to go through a clearance process. If you have been cleared to volunteer and have not been contacted already about volunteering, please reach out through the runningspringspta.org under the heading "contact us". Please feel free to come cheer on your student during the Run-a-thon!

Every Dollar Counts! Donations eligible for prizes will be accepted until September 30, 2022.